



Name:		Lorna Gourley	
Contact Number:	07935 274 169		
Email Address:	lornagourley@btinternet.com		
Member of PVG Scheme?	Yes		
PVG Scheme Number:	200000008798003		
Valid Driving Licence?	Yes		
Access to Own Car?	Yes		
Areas able to work:	Cupar, Ladybank, Newburgh, Auchtermuchty, Falkland, Newport		
Hours Available Per Week:	10 hours per week		
Days & Times Available:	Wednesday & Thursdays	9:30am – 2:30pm	
Are you available to work during school holidays?		Yes	
Are you available to work on public holidays?		Yes	
Are you available to work sleepovers/waking nights?		No	

Experience, Specialist Skills/Training and Qualifications

- SVQ Level 3 Diagnostic and Therapeutic Support
- 15 years employed as a Physiotherapist Assistant working in Care of the Elderly, Dementia, Orthopaedic, Stroke and Cardiac Rehabilitation.
- Manual Handling Trainer
- Dementia outreach worker

Support can provide:

- Social Support
- Domiciliary
- Accompanying to appointments and events
- Assisting with medication
- Outdoor pursuits and sports

About Me:

I enjoy hill walking, camping and cooking outdoors. Picnics in the woods is one of my favourite things to do. I have a large garden which keeps me busy and grow vegetables and soft fruit. I am Secretary of my local Scottish Women's Institute and enjoy doing crafts with my children.

Why I enjoy being a Personal Assistant:

I would like to help others to enjoy their life to the full by providing support and companionship. It is good to be able to help others to take part in local events or enjoy their hobbies and interests whether it be a walk in in the woods, a cycle run, game of bowls, a picnic or a music concert. I enjoy meeting new people and sharing experiences. Helping others gives me great job satisfaction.

Any other comments: